

Experience a relaxing couple's massage workshop inspired by spa rituals

Monterosso al Mare · Cinque Terre · Liguria · ★ 4.4 564 reviews

- Duration: 2 h
- Up to 8 people per booking
- Wine and drinks, Winery visits
- Free cancellation up to 48 hours before

In an intimate and welcoming setting, this couple's massage workshop guides you to discover conscious touch through relaxing techniques inspired by spa rituals. An experience designed to slow down, reconnect, and share an authentic moment with your partner or a special person.

Led by Laura, a professional masseuse, you will learn the basics of relaxing back massage by following a practical and accessible protocol even for those without experience. During the workshop, you will experiment with movements, pressures, and simple techniques to create well-being, listening, and mutual relaxation in a calm and regenerating atmosphere.







What makes this experience special

- Relaxing massage workshop to be experienced as a couple
- Techniques inspired by professional spa rituals
- Session guided by a professional masseuse
- Practical and accessible approach even for beginners
- Experience dedicated to well-being and connection

What you take home (along with a new way of caring for each other)

The possibility of transforming massage into a daily ritual of listening, presence, and mutual attention, rediscovering the value of small authentic gestures to share with loved ones.